

## **Fruitsicles**

Fruit juice (4 ounces per fruitsicle)

1. Pour any type of fruit juice into small paper cups. Freeze.
2. Before completely frozen, place a popsicle stick or plastic spoon in standing position in center of each cup. Return to freezer.
3. Let stand a few minutes before serving.
4. Tear off paper cup when you are ready to eat.